



Human Resource Solutions, Inc.

The single source solution for all your HR needs

Training Programs – Partial List

Leadership and Management

- ◆ Delegation
- ◆ Engaging and Motivating Employees
- ◆ Providing Performance Feedback (Coaching)
- ◆ Healthy HR Systems
- ◆ Change Management
- ◆ Behavioral Based Interviewing
- ◆ Transition Management and Succession Planning
- ◆ Strategic Planning

Workplace Skills

- ◆ Customer Service
- ◆ Meeting Management
- ◆ Problem Solving
- ◆ Project Management
- ◆ Facilitation Skills
- ◆ Working in Teams / Teambuilding
- ◆ Staff Retreats
- ◆ Presentation Skills
- ◆ True Colors—Personality Assessment

Health and Wellness

- ◆ Stress Management
- ◆ Energy Enhancers

Personal Effectiveness

- ◆ Time Management / Organizational Skills
- ◆ Managing your Energy, Not Your Time
- ◆ Business Etiquette

Workplace Effectiveness

- ◆ Orientation and On-Boarding
- ◆ Preventing Workplace Violence
- ◆ Lean Manufacturing Overview
- ◆ Improving Performance with Process Mapping
- ◆ Understanding history & culture

Compliance and Regulatory Training

- ◆ Sexual Harassment Awareness
- ◆ Diversity in the Workplace
- ◆ Ethics
- ◆ TIPS (Training for Intervention ProcedureS) Alcohol Training

Interpersonal Effectiveness

- ◆ Communication Skills
- ◆ Conflict Management
- ◆ Negotiation and Influence